## WHAT IS CLAIMED IS:

1	Δ	handhald	computer	comprising:
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a housing;

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- a display supported by the housing;
- a microprocessor coupled to the display;
- a memory coupled to the microprocessor;
  - a radio frequency transceiver coupled to the microprocessor and configured to establish and maintain a wireless link with a communications network for sending and receiving data; and
  - a program stored in the memory and configured to automatically establish the wireless link with the communications network at a time approximating a predetermined time, the program configured to select at random a time within a predetermined interval to establish the wireless link, the predetermined interval being at least one of adjacent and around the predetermined time.
  - 2. The handheld computer of claim 1, wherein the predetermined interval is a 30 minute interval.
- 1 3. The handheld computer of claim 1, wherein the predetermined 2 interval is a 10 minute interval.
  - 4. The handheld computer of claim 1, wherein the predetermined interval is a 5 minute interval.
- 5. The handheld computer of claim 1, wherein the predetermined time is a default time.

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- 1 6. The handheld computer of claim 1, wherein the default time is 2 in the range of 6:00 a.m. to 9:00 a.m.
- 7. The handheld computer of claim 1, wherein the default time is 8:00 a.m.
- 1 8. The handheld computer of claim 1, wherein the program is 2 configured to cause registration with a messaging service provider server 3 when the wireless link is established.
- 9. A method of establishing a wireless connection between a portable electronic device and a communications network, comprising: selecting a predetermined time;
  - selecting an interval that is at least one of adjacent and around the predetermined time;
  - choosing at random a link time within the interval;
    attempting to establish a wireless link with the communications
    network at the link time.
- 1 10. The method of claim 9, further comprising:
  2 registering with a messaging service provider server.
- 1 11. The method of claim 9, wherein the wireless link is used for providing an e-mail messaging service.
  - 12. The method of claim 9, wherein the wireless link is a radio frequency (RF) communications link.
- 1 13. The method of claim 9, wherein the interval is in the range of one (1) minute to thirty (30) minutes.

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- 1 14. The method of claim 9, wherein the predetermined time is in the range of 6:00 a.m. and 9:00 a.m.
- 1 15. The method of claim 9, wherein the predetermined time is a default time.
  - 16. The method of claim 15, wherein the default time is 8:00 a.m.
  - 17. A wireless e-mail messaging system, comprising:
- 2 a communications network; and
- a portable electronic device including a transceiver configured to
- 4 establish a wireless link to the communications network, the portable
- electronic device including a wake mode in which the wireless link is
- 6 established and messages may be sent and received by the portable
- 7 electronic device and a sleep mode in which the wireless link is not
- 8 established and messages may not be sent and received by the portable
- 9 electronic device, the portable electronic device including a program to
- randomly select a time to transition from the sleep mode to the wake mode
- during a predetermined time interval.
- 1 18. The system of claim 17, wherein the predetermined time
- 2 interval is a 30 minute interval.
- 1 19. The system of claim 17, wherein the predetermined time
- 2 interval is a 10 minute interval.
- 1 20. The system of claim 17, wherein the predetermined time
- 2 interval is a 5 minute interval.

- 1 21. The system of claim 17, wherein the predetermined time 2 interval is a default time interval.
- 1 22. The system of claim 17, wherein the default time interval occurs in the range of 6:00 a.m. to 9:00 a.m.
- 1 23. The system of claim 17, wherein the default time interval occurs at about 8:00 a.m.
- 1 24. The system of claim 17, wherein the program is configured to 2 cause registration with a messaging service provider server when the 3 wireless link is established.
- 25. The system of claim 17, wherein the portable electronic device is a handheld computer.